

# WESTCROFT JUDO

CLASSES AT HOMEFIELD SCHOOL  
ON MONDAY AFTERNOONS

ACTION-PACKED MARTIAL ARTS CLASSES

**CLASS 1** 15.15-16.00 (R,Y1,Y2)

**CLASS 2** 16.00-17.00 (Y3 +)



***"MORE THAN A SPORT, IT'S A LIFESTYLE"***

**FITNESS ✓ CONFIDENCE ✓ FOCUS ✓ WELLBEING ✓**

**EMPOWERMENT ✓ FRIENDSHIP ✓ TEAMWORK ✓**

**VISIT: [WWW.WESTCROFTJUDOCLUB.CO.UK](http://WWW.WESTCROFTJUDOCLUB.CO.UK)**

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**-WESTCROFT JUDO CLUB EST 1996-**